

Book Review

Clinical Management of Hypertension, by Marvin Moser, MD: Professional Communications, Inc., Caddo, OK, 1996, illustrated, 17 chapters, 160 pages, \$17.95.

Dr. Marvin Moser's compact but comprehensive manual on the practical aspects of diagnosis and treatment of hypertension reflects the expertise and experience of a researcher, clinician and teacher, who has been an influential leader in the rapid development of the clinical discipline of hypertension.

The manual is well-indexed and contains many useful figures and tables which concisely provide background information on which the recommendations are based.

Generic and trade names of the antihypertensive drugs, along with recommended doses and important side effects are listed in tabular form by class of agents. The newest class of agents, the angiotensin II receptor antagonists, are in-

cluded, as is an objective discussion of the safety of calcium channel blocking agents. Especially useful to the busy practitioner is a table listing specific indications and contraindications for particular antihypertensive drugs. Another table is really an algorithm for initial management of the new hypertensive patient using both pharmacologic and nonpharmacologic modalities. This algorithm answers the frequently asked question: "When should drug therapy be started?"

This handy manual should be on the desk of every physician, on every nursing floor, and in the lab coat pocket of every house officer who deals with hypertensive patients. *Ray W. Gifford, Jr., MD, The Cleveland Clinic Foundation.*